

The book was found

This Annoying Life: A Mindless Coloring Book For The Highly Stressed



Synopsis

Here at last is the stress-reducing coloring book that lets adults of all ages color their way through the funny and true annoyances of everyday life. From trying to assemble flat pack furniture to clearing an office paper jam, juggling remote controls, dropping contact lenses on the bathroom floor, and nudging the cat who absolutely won't let you read your book, the dozens of witty and sympathetically amusing illustrations offer real therapy and poke gentle fun at the meditative coloring craze.

Book Information

Paperback: 64 pages

Publisher: Chronicle Books; Clr Csm edition (October 4, 2016)

Language: English

ISBN-10: 1452159785

ISBN-13: 978-1452159782

Product Dimensions: 7.5 x 0.5 x 10.2 inches

Shipping Weight: 9.1 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 10 customer reviews

Best Sellers Rank: #261,967 in Books (See Top 100 in Books) #202 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Humorous #348 in Books > Humor & Entertainment > Humor > Parodies #7134 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

Customer Reviews

"This adult coloring book portrays the little annoyances in life: the empty ice cube tray, a lost contact lens, furniture assembly, stepping on LEGO bricks with bare feet, even a group of grumpy adults sitting around coloring fancy coloring books. Overall the drawings aren't as complex to color as many adult coloring books I've seen, but they're definitely the funniest."-GeekDad
"this book will help you reflect on the annoyances of life and teach you not to stress the small stuff"-Sweety High

Purchased for a White Elephant gift exchange and paired with with some mini liquor bottles and colored pencils.

This coloring book is hilarious and so easy to relate to -- if you're looking to practice mindfulness through art, this is the route to go. I'd recommend buying this as a surprise gift for any friend going

through a tough time in their lives, whether the birth of a new baby, financial troubles, or just as a unique present.

Bought one for myself and then bought two more for gifts. So fun and funny!

Love it!!!

Very cute, and easy to do while watching TV. Just the right size too!

Given as a gift and receiver loved it.

I was so curious to receive this from the publisher as I was curious if what I thought were annoying things would be the same as other people. In fact, many of them are.. from empty ice cube trays, cats laying on your work, squeaky shoes, broken copiers.. lots of fun things to color in to relieve stress in your day. This would be fun for yourself or for a gift for someone. Pages are double sided and the paper is nice quality and works for gel pens, non-bleeding markers and pencils. Test any coloring material you are not sure about on a back page before running your pictures. This is professionally published by Chronicle books so the binding paper and quality are all excellent.

This book captures the silly little things that I thought bugged only me, from crawling around blind looking for a contact to dislodging the perfect fruit pyramid at the store. Perfect therapy for a blue day.

[Download to continue reading...](#)

This Annoying Life: A Mindless Coloring Book for the Highly Stressed Mandala Coloring book: Mandalas. Easy coloring: Simple mandala coloring book, Adult mandala coloring Books, Mandala coloring, Adult Coloring Book: ... coloring books for Adults) (Volume 2) Magical Unicorns and Fairies: Adult Coloring Book: Unicorn Coloring Book, Fairy Coloring Book, Fantasy Coloring Book, Fairies Coloring Book, Adult Coloring Book Back to the 80s: 1980s Fads and Fashion Coloring Book: Adult Coloring Books Fashion, 80s Coloring Book, 1980s Coloring Book, Fashion Coloring Book ... Fashion Coloring Book for Adults) (Volume 1) #Love #Coloring Book: #Love is Coloring Book #1 in the Adult Coloring Book Series Celebrating Love and Friendship (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 1) Reefer Madness Mandala and Quote Coloring Book For Adults: Mellow Madness with Mindless Marijuana Mandalas for Ultimate

Relaxation and Stress Relief ... Cannabis, Hemp and Marijuana Themes) Empath: 16 Simple Habits To Protect Yourself, Feel Better & Enjoy Life Even If You Are Highly Sensitive: Secrets To Thrive As An Empath (Survival & Healing ... Empaths & Highly Sensitive People (HSP)) 3-Word Stories Coloring Book (Three Word Story Adult Coloring Book): The Adult Coloring Book of Colorist-Created 3-Word Stories (Adult Coloring, ... Adult Coloring Book Series) (Volume 1) The Herpes Cure: Obliterate the World's Most Annoying and Exaggerated Virus and Finally Cure Herpes (Second Edition, Developed Life Health and Wellness ... Herpes Prevention, Herpes Cure) Book 1) Swear Coloring (NIGHT EDITION) Shut up Asshole: Swear Word Coloring Book. Adult Coloring Books: 40 Sweary Designs on Bleck paper (Relaxing coloring book with Sweary coloring book for Fun) #Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ... Series of Adult Coloring Books) (Volume 6) #Chalkboard #Coloring Book: #Chalkboard is Coloring Book #4 in the Adult Coloring Book Series Celebrating #Love and #Friendship (Coloring Books, ... Series of Adult Coloring Books) (Volume 4) #Food #Coloring Book: #FOOD is Coloring Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7) #Fcuk Coloring Book: #Fcuk is Coloring Book No.10 in the Adult Coloring Book # Series Celebrating the F-bomb (Coloring Books, Swear words, Stress ... Series of Adult Coloring Books) (Volume 10) The Dictionary of High School B.S.: From Acne to Varsity, All the Funny, Lame, and Annoying Aspects of High School Life Slim by Design: Mindless Eating Solutions for Everyday Life Key Person of Influence: The Five-Step Method to Become One of the Most Highly Valued and Highly Paid People in Your Industry The Highly Selective Dictionary of Golden Adjectives: For the Extraordinarily Literate (Highly Selective Reference) A Self-Guided Workbook for Highly Effective Teens: A Companion to the Best Selling 7 Habits of Highly Effective Teens Grayscale Adult Coloring Books Gray Pin-up GIRLS Vol.1: Coloring Book for Grown-Ups (Grayscale Coloring Books) (Photo Coloring Books) (Vintage Coloring Books) (Volume 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)